



Go Beyond Engagement™: Cultivate a Happy and Fulfilled Workforce

How can you create a culture where your people are happy and fulfilled?

When you know how to connect what your people love to do with what they do for work, everything changes.

This gives them the path to apply their best to their work in the same way that a musician gets lost in the music.

It all comes down to learning their Flow Strategy™, a system where people access their best performance anytime, anywhere, no matter how high the pressure, all while experiencing more meaning, joy, and fulfillment in their lives.

A Thought Leader in the Positive Psychology of Peak Performance, Violinist Diane Allen shares her three-step Flow Strategy™ system in this highly experiential program. You'll learn three simple questions that connect what people love to their work.

Learning Objectives:

- Gain basic knowledge and neuroscience of the Positive Psychology of Peak Performance.
- Learn the 3 Questions that gives people the path to love their job.
- Tap into your highest levels of performance, on demand
- Using the 3 Questions, coach employees to access their Flow Strategy™ for greater productivity, personal fulfillment, and happiness.
- Include the 3 Questions during job interviews to improve the recruitment process increasing a candidate's job satisfaction and longevity in the organization.



Unlock Genius for Increased Engagement, Retention, & Recruitment

What if tapping into your genius is the key to finding meaning, joy, and fulfillment in your work?

Imagine a culture where people are deeply engaged producing their best work. Collaboration happens with ease, and team synergy creates innovative outcomes. At the end of the day people leave inspired, fulfilled, and are looking forward to tomorrow's work.

This is not a fantasy. It's the natural outcome of connecting what people LOVE to what they DO.

A Thought Leader in the Positive Psychology of Peak Performance, Violinist Diane Allen shares her three-step Flow Strategy™ system in this highly experiential program. You'll learn three simple questions that unlock genius and how to utilize them to improve employee engagement, retention, and recruitment.

Learning Objectives:

- Gain basic knowledge and neuroscience of the Positive Psychology of Peak Performance.
- Learn the 3 Questions That Unlock Genius.
- Tap into your highest levels of performance, on demand
- Using the 3 Questions, coach employees to access their genius for greater productivity, personal fulfillment, and happiness.
- Include the 3 Questions during job interviews to improve the recruitment process increasing a candidate's job satisfaction and longevity in the organization.



Unlock Your Flow: Feel Whole, Happy & Fulfilled In Your Life

Boredom, stagnation, feeling blah... Burnout, overwhelm, dread... Being crazy busy but feeling empty on the inside...

These are the kinds of things people say when they lack meaning, joy, and fulfillment in their lives.

What if the key to being fulfilled is something that you already know how to do?

Have you ever been so immersed that you lost complete track of time, ideas and insights were coming in from out of the blue, and things were coming together with a sense of ease? Those moments when you were “getting into it” like a musician gets lost in the music.

During these kinds of experiences, you were in flow. What if you could get into your flow, on demand?

A Thought Leader in the Positive Psychology of Peak Performance, Violinist Diane Allen shares her three-step Flow Strategy™ system in this highly experiential program. You'll learn three simple questions that unlock your flow so you can increase the amount of time you spend in your genius and feel whole, happy, and fulfilled in your life.

Learning Objectives:

- Gain basic knowledge, psychology, and neuroscience of the flow state.
- Discover your Flow Strategy™ to unlock your flow.
- Learn how to use your Flow Strategy™ to “get into it” on demand.
- Understand how to inspire yourself and increase the meaning, joy, and fulfillment in your life.